

*Sexual assault and violence can affect us*

## Busting Rape Myths

### 1. Sexual Assault is sometimes the victim's fault.

Wrong! Sexual assault is never the fault of the victim. The victim does not “provoke” rape. The perpetrator is responsible for his/her actions.

### 2. Usually, sexual assault is committed by someone unknown to the victim (i.e. a stranger).

Wrong! Over 80% of offenders were known to their victims. “Stranger Danger” is often portrayed by movies and popular media—but rarely happens

### 3. Most reports of rape are false and/or exaggerated.

Wrong! Fewer than 8% (some studies indicate only 2%) of sexual assault reports are false. Listen, offer empathy and support. Tell the victim it is not his or her fault. Encourage a report (to campus or local police, to the Vice President Student Services, to a counselor in Student Services, etc.)

\*Source: ICASA

### Non-Discrimination/Affirmation Action Policy

It is the policy of Kishwaukee College not to tolerate sexual harassment in any form nor to discriminate on the basis of sex, age, race, creed, religion, national origin, disability status, or sexual orientation in its educational programs, activities, or employment practices.

Kishwaukee College complies with the Age Discrimination in Employment Act of 1975. Inquiries regarding compliance may be directed to the Executive Director of Human Resources at Kishwaukee College 815-825-9333

## Red Flags/Warning Signs

### Be concerned if you have a partner who is:

- x Telling you that you can never do anything right
- x Showing jealousy of your friends and time spent away
- x Keeping you or discouraging you from seeing friends or family members
- x Embarrassing or shaming you with put-downs
- x Looking at you or acting in ways that scare you
- x Telling you that you are a bad parent or threatening to harm or take away your children
- x Intimidating you with guns, knives or other weapons
- x Controlling who you see, where you go or what you do
- x Preventing you from making your own decisions
- x Destroying your property or threatening to hurt or kill your pets
- x Preventing you from working or attending school
- x Controlling every penny spent in the household, taking your money or refusing to give you money for expenses
- x Pressuring you to have sex when you don't want to or do things sexually you're not comfortable with
- x Pressuring you to use drugs or alcohol

**Do you recognize any of these red flags? Talk to someone! Confidential help is available.**



**Help Yourself.  
Help a Friend.  
Break the Silence.**

**Kishwaukee College  
Sexual Assault/  
Domestic Violence  
Resource Guide**

